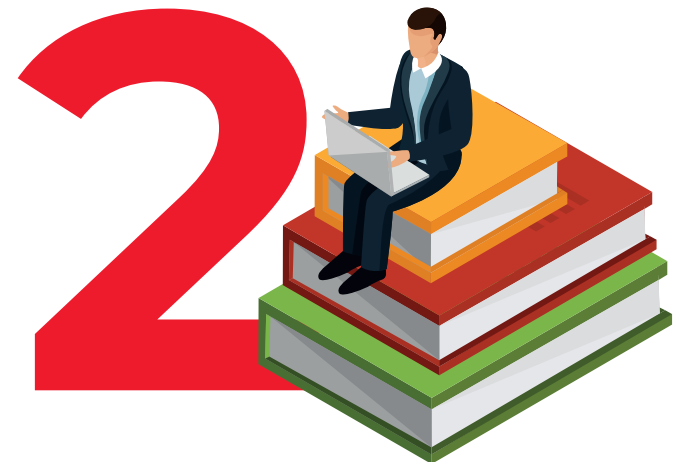


# TOP TIPS FOR PATIENT HANDLING

CONDUCT  
A SAFER  
PEOPLE  
HANDLING  
**RISK**  
ASSESSMENT



ENSURE  
EMPLOYEES  
HAVE THE  
CORRECT  
**TRAINING**  
IN SAFER  
PEOPLE HANDLING  
AND USING HOISTS



**AVOID MANUAL  
HANDLING**  
WHERE POSSIBLE  
**ENCOURAGE**  
INDIVIDUALS TO  
MOVE THEMSELVES

**REDUCE  
MANUAL  
HANDLING  
RISKS**  
BY USING  
EQUIPMENT  
SUCH AS  
HOISTS  
AND SLIDE  
SHEETS



**ALWAYS COMPLETE  
A PRE TRANSFER ASSESSMENT  
BEFORE** COMPLETING  
A HANDLING TRANSFER



**ALWAYS USE  
EFFICIENT  
MOVEMENT  
PRINCIPLES**  
WHEN UNDERTAKING  
ANY HANDLING  
TRANSFER

**ON COMPLETION  
OF THE TASK  
ALWAYS  
EVALUATE  
AND REFLECT**

